

AEROBICS

Ages 15 yrs & Up

Aerobics is a high calorie-burning workout done with a variety of music styles. This is a fun total body workout that accommodates all fitness levels. Combinations are easy to follow, upper body workout is done with hand weights and class ends with floor abdominal workouts. Bring a step, hand weights, mat and start getting in shape. **No class October 29th, 31st, November 26th, 28th and December 24th-31st. Classes begin September 3rd.**

INSTRUCTOR: Flor Hernandez

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4925	Tue & Thu	6:00 PM - 6:50 PM	September	\$15
4926	Tue & Thu	6:00 PM - 6:50 PM	October	\$15
4927	Tue & Thu	6:00 PM - 6:50 PM	November	\$15
4928	Tue & Thu	6:00 PM - 6:50 PM	December	\$15

ZUMBA WITH LAVERNE

Ages 12- 90yrs

Enjoy a fitness workout that makes you burn off calories while having fun and making friends. Get healthy and burn the fat away, using simple easy to follow routines and plain old exercise. Tone your body, boost your metabolism and improve your coordination for a complete workout. **No class September 2nd, November 11th, 28th, 29th and December 20th- 31st. Class begins September 3rd.**

INSTRUCTOR: LaVerne Davis

LOCATION: Garfield Community Center, 501 N. Lacy St., Santa Ana, (714) 571-4288

BARCODE	DAY	TIME	MONTH	COST
5257	Tues & Thu	6:45 PM - 7:40 PM	September	\$20
5258	Tues & Thu	6:45 PM - 7:40 PM	October	\$20
5259	Tues & Thu	6:45 PM - 7:40 PM	November	\$20
5260	Tues & Thu	6:45 PM - 7:40 PM	December	\$20

BARCODE	DAY	TIME	MONTH	COST
5261	Mon	5:00 PM - 6:00 PM	September	\$10
5262	Mon	5:00 PM - 6:00 PM	October	\$10
5263	Mon	5:00 PM - 6:00 PM	November	\$10
5264	Mon	5:00 PM - 6:00 PM	December	\$10

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
5265	Fri	6:00 PM - 6:55 PM	September	\$10
5266	Fri	6:00 PM - 6:55 PM	October	\$10
5267	Fri	6:00 PM - 6:55 PM	November	\$10
5268	Fri	6:00 PM - 6:55 PM	December	\$10

JUDO JUJITSU

JuDo Jujitsu class is a program which includes two workouts each week with exercising stretching, and learning self-defense. This program is designed for beginning to advance level students to get you into shape and introduce you to martial arts. Class is taught by Prof. Kevin Dalrymple eight-degree black belt in Danzan-Ryu jujitsu. **No class October 31st, November 28th and December 12th, 24th-31st. Class begins September 3rd.**

INSTRUCTOR: Prof. Kevin Dalrymple

LOCATION: Southwest Senior Center, 2201 W. McFadden Ave., Santa Ana, (714) 647-5306

Ages 6 - 14 yrs

BARCODE	DAY	TIME	MONTH	COST
4929	Tue & Thu	6:00 PM - 7:00 PM	September	\$25
4930	Tue & Thu	6:00 PM - 7:00 PM	October	\$25
2931	Tue & Thu	6:00 PM - 7:00 PM	November	\$25
4932	Tue & Thu	6:00 PM - 7:00 PM	December	\$25

Ages 14 -70 yrs

BARCODE	DAY	TIME	MONTH	COST
4933	Tue & Thu	7:00 PM - 8:00 PM	September	\$25
4934	Tue & Thu	7:00 PM - 8:00 PM	October	\$25
4935	Tue & Thu	7:00 PM - 8:00 PM	November	\$25
4936	Tue & Thu	7:00 PM - 8:00 PM	December	\$25

REGISTRATION POLICIES

- 1.) Classes will be cancelled if minimum enrollment is not met, so register early.
- 2.) The Parks, Recreation and Community Services Agency has the right to cancel or change any and all classes, activities or excursions without advance notice.

REFUND POLICIES

- 1.) Fees for one day classes, workshops, activities, programs and tours are non-refundable.
- 2.) If a class is cancelled or full, a refund will automatically be processed for the customer.
- 3.) Refund request must be submitted in writing to City of Santa Ana, William Sandoval, 1825 W. Civic Center Dr, Santa Ana, CA 92703.
- 4.) A refund will be mailed out to the customer and will take 6-8 weeks. No Cash Refunds Will Be Issued.
- 5.) No refunds will be made after the second class meeting.

17 Martial Arts

TKK KARATE DO

Ages 5 yrs & Up

We offer a Traditional Japanese Martial Arts program to help develop self-confidence and improve physical conditioning while growing in the spirit of courtesy, effort, and discipline. Our training techniques are designed to make the body strong and hard. Quicken your hand, elbow and knee reflexes. Our program is structured so that our students can train in the spirit of competition. **There is a \$35-\$50 material fee for grading and/or uniform, payable to the instructor. No class Sept. 2nd, Nov. 11th, 28th, 29th and Dec. 23rd - 31st. Class begins Sept. 3rd.**

INSTRUCTOR: Santiago Bautista

LOCATION: Salgado Center, 706 N. Newhope St., Santa Ana, (714) 571-4267

BARCODE	DAY	TIME	MONTH	COST
4937	Mon & Wed	6:30 PM - 8:00 PM	September	\$35
4938	Mon & Wed	6:30 PM - 8:00 PM	October	\$35
4939	Mon & Wed	6:30 PM - 8:00 PM	November	\$35
4940	Mon & Wed	6:30 PM - 8:00 PM	December	\$35

LOCATION: Memorial Center, 2102 S. Flower St., Santa Ana, (714) 571-4242

BARCODE	DAY	TIME	MONTH	COST
4941	Tue	7:00 PM - 8:30 PM	September	\$35
4942	Tue	7:00 PM - 8:30 PM	October	\$35
4943	Tue	7:00 PM - 8:30 PM	November	\$35
4944	Tue	7:00 PM - 8:30 PM	December	\$35

LOCATION: El Salvador Center, 1825 W. Civic Center Dr., Santa Ana (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
4945	Thu & Fri	6:30 PM - 7:45 PM	September	\$35
4946	Thu & Fri	6:30 PM - 8:00 PM	October	\$35
4947	Thu & Fri	6:30 PM - 8:00 PM	November	\$35
4948	Thu & Fri	6:30 PM - 8:00 PM	December	\$35

KARATE DO KIAI

This Japanese style martial arts class will help to improve one's self-discipline, physical and mental attributes. It will also help children become better students and encourage productive activities. We teach respect for one another and help children become independent on their responsibilities, and decisions. Programs for young children and their parents called "Baby Karate" which encourages parents to be involved with their children in the class. **Clases son en español. There is a \$35-\$50 material fee for grading and/or uniform, payable to the instructor. No class September 2nd, October 31st, November 11th, 28th, 29th and December 23rd-31st. Class begins September 3rd.**

INSTRUCTOR: Martin Torres

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

Ages 4 - 7 yrs

BARCODE	DAY	TIME	MONTH	COST
4949	Mon & Wed Tue & Thu	6:00 PM - 7:00 PM 7:00 PM - 8:00 PM	September	\$50
4950	Mon & Wed Tue & Thu	6:00 PM - 7:00 PM 7:00 PM - 8:00 PM	October	\$50
4951	Mon & Wed Tue & Thu	6:00 PM - 7:00 PM 7:00 PM - 8:00 PM	November	\$50
4952	Mon & Wed Tue & Thu	6:00 PM - 7:00 PM 7:00 PM - 8:00 PM	December	\$50

Ages 7 - 12 yrs

BARCODE	DAY	TIME	MONTH	COST
4953	Mon & Wed Tue & Thu	7:00 PM - 8:00 PM 7:00 PM - 8:00 PM	September	\$50
4954	Mon & Wed Tue & Thu	7:00 PM - 8:00 PM 7:00 PM - 8:00 PM	October	\$50
4955	Mon & Wed Tue & Thu	7:00 PM - 8:00 PM 7:00 PM - 8:00 PM	November	\$50
4956	Mon & Wed Tue & Thu	7:00 PM - 8:00 PM 7:00 PM - 8:00 PM	December	\$50

Ages 12 yrs & up

BARCODE	DAY	TIME	MONTH	COST
3942	Mon & Wed Tue & Thu	8:00 PM - 9:00 PM 7:00 PM - 8:00 PM	September	\$50
4490	Mon & Wed Tue & Thu	8:00 PM - 9:00 PM 7:00 PM - 8:00 PM	October	\$50
4491	Mon & Wed Tue & Thu	8:00 PM - 9:00 PM 7:00 PM - 8:00 PM	November	\$50
4491	Mon & Wed Tue & Thu	8:00 PM - 9:00 PM 7:00 PM - 8:00 PM	December	\$50



KARATE DO KIAI

Ages 4 yrs and Up

This Japanese style martial arts class will help to improve one's self-discipline, physical and mental attributes. It will also help children become better students and encourage productive activities. We teach respect for one another and help children become independent on their responsibilities, and decisions. **Family Discount two or more family members \$35 per class. Family Discount only available at Garfield Center. There is a \$35-\$50 material fee for grading and/or uniform, payable to the instructor. No class September 2nd, November 11th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Baldwin Torres

LOCATION: Garfield Community Center, 501 N. Lacy St., Santa Ana (714) 571-4288

BARCODE	DAY	TIME	MONTH	COST
4961	Mon & Wed	6:00 PM - 7:00 PM	September	\$40
4962	Mon & Wed	6:00 PM - 7:00 PM	October	\$40
4963	Mon & Wed	6:00 PM - 7:00 PM	November	\$40
4964	Mon & Wed	6:00 PM - 7:00 PM	December	\$40

KARATE DO KIAI

This Japanese style martial arts class will help to improve one's self-discipline, physical and mental attributes. It will also help children become better students and encourage productive activities. We teach respect for one another and help children become independent on their responsibilities, and decisions. **There is a \$40 material fee for grading and/or uniform, payable to the instructor. No class September 2nd, November 11th and December 21st-31st. Class begins September 4th.**

INSTRUCTOR: Joseph Pizano

LOCATION: Roosevelt Walker Center, 816 E. Chestnut Ave, Santa Ana, 92701, (714)-647-5220

AGES 4 - 12 yrs

BARCODE	DAY	TIME	MONTH	COST
4977	Mon & Wed	4:30 PM - 5:15 PM	September	\$40
4978	Mon & Wed	4:30 PM - 5:15 PM	October	\$40
4979	Mon & Wed	4:30 PM - 5:15 PM	November	\$40
4968	Mon & Wed	4:30 PM - 5:15 PM	December	\$40

AGES 13 yrs & Up

BARCODE	DAY	TIME	MONTH	COST
4969	Mon & Wed	5:15 PM - 6:00 PM	September	\$40
4970	Mon & Wed	5:15 PM - 6:00 PM	October	\$40
4971	Mon & Wed	5:15 PM - 6:00 PM	November	\$40
4972	Mon & Wed	5:15 PM - 6:00 PM	December	\$40

TAE KWON DO

Ages 7 yrs & Up

Classes are offered for beginner, intermediate, and advance level for kids and adults. Learn this ancient martial art to develop self-defense techniques and skills that will help you increase endurance in physical fitness, motivation, and self-esteem. All black belts will be certified by Kukkiwon, World TKD Headquarters from Korea. **No class December 28th. Class begins September 7th.**

INSTRUCTOR: Grand Master Choc Le, 7th Degree Black Belt

LOCATION: Salgado Center, 706 N. Newhope St., Santa Ana, (714) 571-4267

BARCODE	DAY	TIME	MONTH	COST
4973	Sat	9:00 AM - 12:00 PM	September	\$20
4974	Sat	9:00 AM - 12:00 PM	October	\$20
4975	Sat	9:00 AM - 12:00 PM	December	\$20
4976	Sat	9:00 AM - 12:00 PM	November	\$20

TOYAMA KARATE-DO

Throughout a dynamic martial arts approach, students will have the opportunity to learn Karate-Do in a safe and structured environment. Our program will expose students to better their social skills, discipline, focus, and character. Students will also learn sport karate, traditional karate and have the opportunity to be promoted in rank. Students in this program will be able to participate in local tournaments and trainings with Toyama Karate-Do USA Organization. **No class September 2nd, November 11th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Toyama Karate-do/Sensei Navarro

LOCATION: Santa Anita Center, 300 S. Figueroa St., Santa Ana, (714) 647-6552

Ages 5 - 13 yrs

BARCODE	DAY	TIME	MONTH	COST
4977	Mon & Wed	6:15 PM - 7:00 PM	September	\$40
4978	Mon & Wed	6:15 PM - 7:00 PM	October	\$40
4979	Mon & Wed	6:15 PM - 7:00 PM	November	\$40
4980	Mon & Wed	6:15 PM - 7:00 PM	December	\$40

Ages 14 yrs & Up

BARCODE	DAY	TIME	MONTH	COST
4067	Mon & Wed	7:05 PM - 7:50 PM	September	\$40
4396	Mon & Wed	7:05 PM - 7:50 PM	October	\$40
4397	Mon & Wed	7:05 PM - 7:50 PM	November	\$40
4397	Mon & Wed	7:05 PM - 7:50 PM	December	\$40